



COMMUNITY
REPORT
2025



FREE CLINIC OF CULPEPER
PATH Recreation & Fitness Center
POWELL WELLNESS CENTER
Culpeper Wellness Foundation



*Healthy People in
Healthy Communities*



FREE CLINIC OF CULPEPER
PATH Recreation & Fitness Center
POWELL WELLNESS CENTER

Culpeper Wellness Foundation

MISSION

To improve health and
promote wellness in
Culpeper, Madison and
Orange counties.

VISION

Healthy people in
healthy communities.

CWF BOARD OF DIRECTORS

Ray Knott, Chair
Dan Carlton, Vice Chair
Gillette Harris, Treasurer
Kaci Daniel, Secretary
Roque Castro
Cathy Dalrymple
Ed Dalrymple
Cyndy Grano
Joshua Headley
Sanford Reaves
Laura Rogers
Ed Scott
Betsy Spencer
Donna Staton
Hugh Stevens
Elizabeth Thorne
Kelly Thornton
Missy White
Octavia Yates

In memory of Kaci Daniel,
who served on the Board until
her passing in August 2025.
A lifelong Madison County
resident, Kaci was deeply
committed to her community
and 4-H. We are grateful for
the time, perspective, and
dedication she brought to the
Foundation during her service
on the Board.

DEAR FRIENDS,

After celebrating the Foundation's 10th anniversary in 2024, we entered 2025 with deep gratitude for all that had been built and a renewed sense of purpose for the work ahead.

Through our community grants program, we awarded 15 Healthy Living Grants totaling \$121,500 to nonprofit partners working to improve health and wellness across Culpeper, Madison, and Orange counties. Overall, the Foundation provided \$220,805 in grant funding in 2025, supporting nonprofits and programs that align with our mission.

At the Free Clinic of Culpeper, our team continued to provide high-quality, compassionate medical care to uninsured adults. In 2025, the clinic served approximately 600 patients through nearly 1,400 medical appointments and provided more than 2,900 prescriptions. Patients also benefited from health education, chronic disease support, tele-mental health services, access to healthy food, and other wellness programs.

In 2025, the Board committed to finding the right space and location to expand the Free Clinic. This decision set the stage for A New Home for Hope, a transformational project that will allow the clinic to relocate to a larger, more functional facility. The new space will increase capacity, improve the patient experience, strengthen privacy and safety, and create room to offer dental services for the first time.

The annual Oyster Fest event, held at Prince Michel Vineyard & Winery for the first time, reached a new milestone, raising a record \$92,108 to support the Free Clinic of Culpeper. We are deeply grateful to the sponsors, guests, volunteers, and community partners who made this achievement possible. It remains a joyful reminder that generosity and good fun can go hand in hand — especially when oysters are involved.

Through Powell Wellness Center and PATH Recreation & Fitness Center, we continued to promote fitness, recreation, and social connection for people of all ages and abilities. We also raised more than \$140,000 to support our Game On, Culpeper project and finalized plans for the outdoor recreation area at PATH Recreation & Fitness Center. This \$1.2 million project will create new opportunities for play, gathering, and healthy outdoor activity.

Piedmont Regional Dental Clinic, managed by the Foundation, continued its vital work as one of Virginia's largest nonprofit dental clinics. In 2025, the clinic served nearly 4,700 patients through approximately 10,000 appointments, providing care to children and adults who might otherwise go without treatment. The clinic also provided school-based dental services, urgent care access, and free or reduced-cost care for low-income and uninsured patients.

As we reflect on 2025, we are reminded again that progress does not happen alone. It happens because dedicated staff show up with compassion and skill, donors believe in our mission, and volunteers, board members, partners, healthcare providers, businesses, and civic leaders choose to work together for the good of our region.

Thank you for being part of this work. Together, we are building a healthier, more connected, and more hopeful community.

With gratitude,

Ray Knott, Board Chair

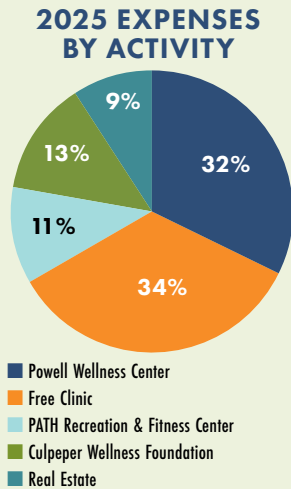
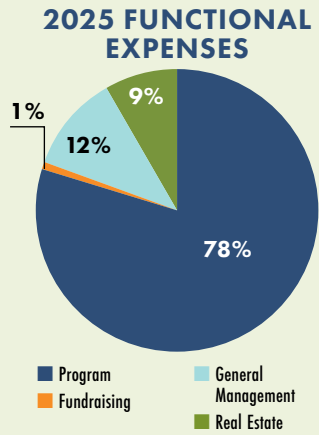
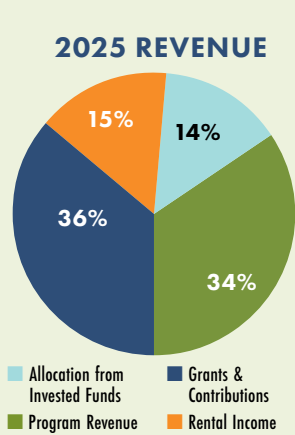
Shari Landry, President



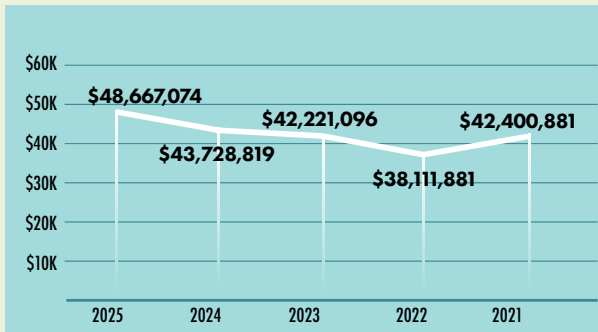
CULPEPER WELLNESS FOUNDATION, established in 2014, works to improve health and promote wellness in Culpeper, Madison and Orange counties. The Foundation operates the Free Clinic of Culpeper, Powell Wellness Center and PATH Recreation & Fitness Center and manages Piedmont Regional Dental Clinic. In addition, the Foundation provides funding to support the health and wellness work of other organizations. It also collaborates with public and private entities to organize community level responses to issues that affect the health of our communities. The Culpeper Wellness Foundation is proud to do its part in improving the lives of people who live and work in its region.

FOUNDATION HIGHLIGHTS

- Responded to community health & wellness needs in our three-county service area with grants totaling \$220,805.
- Provided education scholarships for two Germanna Community College students pursuing certificate or degree programs related to health and wellness.
- Completed plans and initiated permitting for outdoor recreation space on Foundation property adjacent to PATH Recreation & Fitness Center. The area will include a picnic pavilion, four pickleball courts with lighting, a playground and open green space for recreation.



NET ASSETS AT YEAR END



CONSOLIDATED STATEMENT OF ACTIVITIES

SUPPORT AND REVENUE

Membership dues	\$1,773,116
Program revenue	\$379,732
Ancillary revenue	\$197,470
Contributions	\$518,993
Contributed non-financial assets	\$502,091
Contributed non-financial services	\$1,072,861
Grants	\$395,867
Rental income	\$1,071,360
Total support and revenue	\$5,911,430

EXPENSES

Program services	\$4,939,223
Management and general	\$732,304
Fundraising	\$88,104
Rental property	\$581,093
Total expenses	\$6,340,724
Change in net assets from operations	

NON-OPERATING ACTIVITIES

Net investment gain	\$5,367,549
Change in net assets	\$4,938,255
Net assets, beginning of year	\$43,729,819
Net assets, end of year	\$48,667,074

FREE CLINIC OF CULPEPER ADVISORY BOARD

Monedia Lewis, chair
Betsy Spencer, vice chair
James Corsones, MD;
medical director
Ashley Carter
Julia Cole
Matt Curios
Sara Drebes
Joshua Headley
Tom Heilman
Jason Holloway
William Lewis
Katrina Rodriguez



FREE CLINIC OF CULPEPER

598 PATIENTS

1,388 medical visits valued at \$277,600

2,916 prescriptions valued at \$778,572

\$1 million in medical care provided

190 new patients for the year

42 patients were helped with Medicaid enrollment

6th year earning a Gold Rating from the National Association of Free and Charitable Clinics Quality Standards Program

300 pounds of produce available to patients from clinic garden beds

MEET CLINIC PATIENT JUDY

Judy has been a patient off and on at the Free Clinic throughout the years, as changes in her income have left her only sometimes eligible for Medicaid. She lost her dad to colon cancer, so she was careful to make sure she received necessary colon cancer screenings. To reduce her risk, she took action, such as quitting smoking to modify lifestyle factors that put her health at risk.

When Judy began experiencing some gastrointestinal upset and abdominal pain, at first, she thought she had food poisoning from a meal out. When she didn't get better after a few days, her husband was concerned and called the clinic. Judy was quickly scheduled for a CT scan to look for any issues. Unfortunately, the CT revealed a mass on her colon, and the clinic moved quickly to set up specialist referrals. Judy started chemotherapy. She has a treatment plan in place and is hopeful that she is on the road to recovery. While her diagnosis was sudden and likely scary, Judy and her husband know that they can count on the clinic for support.

GRATEFUL FOR OUR VOLUNTEERS AND COMMUNITY PARTNERS



**PATH
RECREATION &
FITNESS CENTER
AND POWELL
WELLNESS
CENTER
ADVISORY
BOARD**

Laura Rogers, chair

Cathy Dalrymple,
vice chair

Mort Chiles, MD

John Dyess

Mark Settle

Erin Thompson

Marshall Wharam

Zachary Whiting

**POWELL
WELLNESS
CENTER MEDICAL
ADVISORY
COMMITTEE**

J. Cullen Hardy, MD;
Specialty: Cardiology.
PWC Medical Director &
Committee Chair

Temple Coates, PT;
Directory of Professional
& Ancillary Services,
Culpeper Medical Center,
UVA Health

Trice Gravatte, MD;
Specialty: Family
Medicine

Armin Aalami Harandi,
MD; Specialty:
Orthopedics

Jennifer Herdman,
FNP, MSN, RN; Nurse
Practitioner

James Mapp, FNP

Jane Probst, LCSW;
Mental Health

Kevin Stocker, MD;
Specialty: Obstetrics &
Gynecology

Brevard Wallace, MD

POWELL WELLNESS CENTER AND PATH RECREATION & FITNESS CENTER

Supporting a healthier community through opportunities for fitness, recreation, social connection, sports development, and health education for all ages

214 income-eligible children and adults received free or subsidized memberships or program enrollment totaling \$88,862 through the scholarship program at Powell Wellness Center and PATH Recreation & Fitness Center.

POWELL WELLNESS CENTER

Voted Best Gym in Culpeper Star Exponent
Reader Survey

767 runners and walkers
in PWC's 8th annual Turkey
Trot helped support fitness
scholarships for community
members



Free health education focused on nutrition for gut health, managing diabetes, peripheral artery disease, healthy hydration, reducing sodium and blood pressure screenings

Aquatic fun for all
ages included fitness classes,
a spring egg float, adult River
Dances and more



Equipment
investments supporting cardio
health and lower body strength



A THANK YOU FROM A GRATEFUL FAMILY

"We just wanted to take a moment to express our heartfelt gratitude for the affordable family membership option that was extended to us. As a family of four (two teenagers and my wife and I) this opportunity came at just the right time.

Life sometimes brings change, and in those moments, it's the small but meaningful supports that can make a lasting impact. Being able to come together at the gym, not just to stay active, but to connect, recharge, and grow stronger as a family, has meant more to us than words can fully express.

Thank you for creating an environment that welcomes families and supports them in practical and meaningful ways.

We're incredibly thankful for the positive influence this has had on our health, our routines, and our time together."



PATH RECREATION & FITNESS CENTER

Voted Best Fitness Center in Culpeper Times Reader Survey

Pickleball players at all levels benefited from programs with certified instructors and use of donated pitch machine



Third year of youth camps; Tae Kwon Do joins volleyball, sports performance, baseball and basketball



Equipment investments supporting lower body strength building



**COMMUNITY
GRANTS
ADVISORY
BOARD**

Donna Bates
David Brown
Sharon Clark
Charlotte Cole
Kaci Daniel
Cathy Dalrymple
Holly Eppard, DDS
Betsy Spencer

2025 HEALTHY LIVING GRANT RECIPIENTS

Aging Together

Boys & Girls Club of Central Virginia

Bridge Ministry

Carver Food Enterprise Center

Community Development Redistribution
(CDR) Resource Center

Culpeper Food Closet

Girls on the Run Piedmont

Hero's Bridge

Hospice of the Piedmont

Mom2Mom

Manna Ministry

Orange County Free Clinic

Piedmont Area Soap Box Derby

Play Date: A Children's Museum

Rappahannock Goodwill Industries



2025 DONORS

101 Latino Multiservice, LLC	Debbie Bennett	Milton and Donna Cason	Evan and Nancy Crow
1st Class Tree Service	Lawrence and Monique Bennett	Roque and Beth Castro	Thomas Cuccherini
Ahmad Abed	Joyce Bernache-Cohoon	Jo Ann Cates	Culpeper Business Women, Inc
Action Group, Inc	Susan Bernhardt	Cedar Mountain Stone, Corp	Culpeper Car Wash, LLC
Sampie and Doris Adams	Daniel Bidwell	Central VA Insurance Agency	Culpeper Community Thrift Store
Susan Ahalt Button	Fred and Natasha Bishop	Joseph Cheeks	Culpeper County
Beth Aitcheson	Cynthia Black	Chemung Contracting Corporation	Culpeper Human Services
Peter Albert	Margaret Blank	Cherry Street Building Supply	Culpeper Mid-Day Lions
All Install	Rian Block	Mort and Keziah Chiles, III	Auby and Regina Curtis
Benjamin and Mary Allen	Blue Ridge Area Food Bank	Choice for Temporaries, Inc.	D. A. Davidson & Co.
Mark and Joyce Almquist	Blue Ridge Bank	Gordon Christian	Mike and Mary Dale
American Legion Post 330	Blue Ridge Trailer	Raymond Chung	Ed and Cathy Dalrymple
Bill Anderson	Karen Bosy	Sharon Church	Emily Daniel
Edward Anobah	Sean and Jessica Bottary	Terri Church	Kate Daniels
Atlantic Union Bank	Chad Bourque	Trenton Clark	Jeanie Darrow
AUM Church Men's Group	Boxwoods Celebration Venue	Clark Opportunity Foundation	Davies, Barrell, Will, Lewellyn & Edwards, PLC
Fred and Katherine Ayers	Tom and Tomarie Boyd	John Clore, III	Kathryn Davis
Rashid Azima	Stephen Breedwell	Clore-English Funeral Home	Michael Davis
Cheyenne Bacot	Kalyn Breisch	Paul and Ruth Cobleigh	Mike Davis
Barrett Bader	Amanda Brown	Paul and Sharon Collins	Scott and Sue Davis
Jeff and Peggy Ball	Brown Harris Wealth Management	Alison Comer	Scott and Julie Dawley
Patricia Bankhead	Buchanan Ingersoll & Rooney PC	Rory Conforte	Christopher and Michelle Decker
Harold Banks	Eric and Becca Buncie	John and Christy Connolly	Susan DeGaetani
Stephen and Peggy Barber	Joanna Burke	Gorodesky and Myckieala Cooper	Spencer and Mary DeJarnette
Bill and Robin Barnes	Paul Burrell	Judith Cooper	Marco and Eve Devito
Charlie and Jane Barrell	Chris Burton	Leilani Corbin	Faith Dickerson
Eric Bartel	Tripp and Shannon Butler	George and Catherine Cornwell	Mike and Debbie Dillon
Richard and Nancy Batiste	Valerie Byrne	James Corsones	Andrew Dodd
Battlefield Automotive Group	Janice Cabot	Country Chevrolet	Debra Dodson
Michael Baudhuin	Paul and Virginia Callahan	Nathan Cowan	Mike and Jane Dodson
LaVerne Baumgardner	Michael Cameron	Deborah Craggs	Sarah Doktycz
Kathryn Baylor	Melissa Canfield	Craig's Lawn & Outdoor Services	Dominion Energy Charitable Foundation
Doug and Shirley Ann Bayne, Sr.	Nancy Cannon	Jessica Cranfield	Kevin Donelan
Katie Beach	Vince Caporuscio	Kenneth Cranston	Michael Drew
Matthew Beach	Magdaline Caradimitropoulo	Barbara Crews	Jessica Duff
Carson and Ashton Beard	Amy Cardozo	Sara Crider	Stephen Dunbar
Bearing Insurance	Dan and Emily Carlton	Bear Cronk	Dennis Dunn
Bryan and Barbara Beasley	Eddie Carpenter	William and Priscilla Cronk	Ed and Marilyn Dunphy
Patrick and Donna Bedwell	Adrienne Carroll	Luke Croushorn	David and Joanne Durr
Dave and Jane Bell	Carter Machinery Company		
Belmont Farms of Virginia, Inc			

2025 DONORS

Dale and Holly Durrer	Joe Grills	Jefferson Homebuilders, Inc	M & W Associates
Roger and Hazel Eakin	Heather Hackley	Tracy Johnson	Tamim Mahdi
Jesse and Betty Edwards	Ben Hall	Virginia Johnson	Kathleen Mairs
Allison Ely	Jill Hall	Andy Johnston	Jithendra Manne
Embrace Home Loans	Michael and Karen Hanrahan	David and Joan Jones	Ruby Marchand
Emmanuel Episcopal Church	Aaron Hansohn	Issiaka Kamagate	Brian and Holland Markwalter
Equitypatch Environmental Group, LLC	Sarah Choi and Armin Harandi	Koumudhi Kammari	Felicia Mazur
Raymond and Mary Fancher	Ben and Linda Hardaway	Avani Karve	Emily McBride
Josh Fantasi	Josh Harmon	Jason and Christine Kauffmann	Michael and Marcy McClary
Terrie Fay	Richard and Tracy Harrington	Scott Kelly	Regina McGuinn
A.V. Philip and Ginny Ferlazzo	Gillette and Donna Harris	Joseph Kendra	Kenneth and Janice McIlvoy
Branden Fick	Allison Hassard	Marilyn Kerns	Matthew and Cindy McKenzie
Stephen Fitts	Dan and Marla Haug	Kimberly Kerr	Gerald and Mary McPhillips
Found & Sons Funeral Chapel - Cremation Service	Thomas and Frances Haught	Jason Ketterer	Joshua Meister
Frazier Construction	Josh and Caroline Headley	Raygan Ketterer	Neal Merchant
Freedom Hearing Aid Center	Sandy and Susan Heard	Eric and Leslie Kidd	Valeri Meza
Brant Freeman	Heavens Touch Spa & Wellness	Barbara Kile	Mid Atlantic Securities
James Frye	Thomas and Dottie Heilman	Joe and Connie Kincheloe, Jr.	Daniel Miller
Angela Fultz	Valerie Helm	Logan Klingler	Dawn Miller
James Furlong	David Helmick, Jr.	Raymond and Kimberly Knott	Kee Miller
Joshua Galegor	Loretta Hernandez	Eileen Krasner	Larry Miller
Jeremy Gann	Carol Lynn Hertz	Michael Krepps	Maria Minnick
Elaine Gates	Robert and Patricia Hetrick	Nina Krueger	Margaret Misch
Faye Gentry	Joshua and Stephanie Hiatt	Isabel Kulick	Bikash Mishra
Vicky Germaise	Daniel Hill	Jim and Tammy LaGrafte	Andrew Mitchell
John Giannico	Ian Hill	Simon LaGrafte	Butch Davies and Marty Moon
Frankie Gilmore	Kimberly Hinrichsen	Lamb Insurance Services	Maria Motz
Calvin Glascock	Najee Hitchcock	Ashley Lambdin	David and Judy Mullins
Pamela Glascock	Joshua Hoffman	David Sears and Shari Landry	Linda Murphy
Peter and Kathleen Godfrey	Robert Hoffman	Lillie Lee	Shelly Naccarato
Amilcar Gomez Samayoa	Joseph and Patricia Houck	Tsaiyu Lee	Nancy and Michael Baudhuin Foundation Fund
Ray and Lois Goodall	Alison Howard	Prakash Lele	Tracy Neely
Shirley Gorham	Posey and Betty Howell	George Leon	Norma Nelson
Danielle Graham	Chris Howes	Frank Lewis	Nortec Communications, Inc
Duncan and Joelle Graham	Judith Hunt	Greg and Monedia Lewis	Northern Piedmont Community Foundation
John and Cyndy Grano	Amy Hunter	Matthew List	David Nunberg
Trice and Laurel Gravatte	Charles Hutchind	Katelynn Lockard	Oak View Bank
Donna Gray	Amber Iman	Julie Lovell	Mike and Dora Oberschmidt
Victoria Griffen	Johna Inskeep	Luck Companies Foundation	Douglas and Patricia Olms
	Leilani Isenhower	Gene and Anne Luckinbill	
	Muhammad Jamil	Christy Ludlow	

2025 DONORS

Monica Olsen	Reformation Lutheran Church Mens Group	Karen Speicher	Minna Vogel
William Lewis and Thomas Olson	Reformation Lutheran Church Women's Ministry	Dave and Betsy Spencer	Samuel Walker
Ellen Orie	Sandy Reid	St. Mawes, LLC	Walker Sand & Stone, Inc.
Carolyn Szabad Osborne	Tom and Charla Reynolds	St. Luke Evangelical Lutheran Church	Benjamin Walton
Robert Owen	Bryan Ridgway	Stack Infrastructure	Ryan Ward
Karen Paarfus	Tim and Candice Rinker	Donna Staton	Sherri Weaver
Emma Pacheco	Robert Ritz	Travis Stege	Robert and Kathleen Weigel
Suraj Padala	Don and Laura Rogers	Hugh and Lynn Stevens	Edward Weld
Randolph and Susan Parker	William Rook	Chris Stiles	Lisa Weld
Stephanie Parker	Dick and Barbara Rosica	Mike Stine	James and Nancy Wells
PATH Foundation	Rosson & Troilo Fire Protection Services	Matthew Stockli	Jacqui Whitaker
Cary Payne	Grace Rotz	Superior Paving Corp.	Barbara White
PBMares	Steven Rousseau	Superior Tennis Courts, LLC	Cathy White
Lisa Peacock	RR & SL Mantz Foundation	Swift	Nick and Missy White
Leigh Pearson	Rusty's Towing Service, LLC	T. Kyle Linski	Eric Whitehead
Joseph and Julia Peck	Ronnie Rutherford	Gregory Taeger	Isaac Wilkening
Donald Peel	Molly Sanford	Taft Construction, Inc.	Doris Williams
George and Nancy Penn	Benjamin Schmidt	Tran Tang	Keith Williams
Marta Peraza	Heather Schulz	Tanner's Pest Services, LLC	Margaret D. Williams
Franklyn Perez-Lopez	Kathryn Schumann	Tax Services of Virginia LLC	Matthew Wilson
Charles and Tabitha Perryman, Jr.	Samuel and Sari Schustek	The Jones Group CPAs & Consultants	Andrew Wynham
Chris Pohl	Ed and Amanda Scott	The Refinery	Gerald and Octavia Yates
Abu Saleh Ponir	Jane Scott	The Signature Team Re/Max Maria Fay	YHB CPAs & Consultants
Steven M. Poulos	Seasons Counseling, PLLC	The Site Tech Co., Inc	Stephanie Yoder
C. Richard Powers	Lilawatie Seenath	The Smyth Team REALTORS	Andrew Yowell
Precision Machine Works, Inc.	Robert Seidel	William and Susan Thomas	Carty Yowell
John Pritchett	David Shang	Elizabeth Thorne	Stella Yuan
Leslie and Jane Probst	Jihad Shehadeh	Suresh Thumma	Noah Zamba
Project Big Heart	Jack Shuey	Tibbs Funeral Home & Cremation	Frauke Bruns and Doug Zemanek
Paul and Darla Purgason	Donald and Sandy Shuman, Jr.	Stephanie Tremontozzi	Noah Zingler
Cory Putnam	Paul Silvan	Steven and Faith Trinkl	
Quarles	Charles Sisk	Linh Truong	
Russell and Liz Rabb	Perry and Linda Smiley	Kiran Tumma	
Jacob Radford	Judith Smith	Daniel and Maureen Turgeon	
Rappahannock Electric Cooperative	Smith's Lawn & Landscaping, LLC	UVA Community Credit Union	
Douglas Ray	Ann Smoot	UVA Health System Culpeper Medical Center	
RDM International, Inc.	Steven Spear	April Valencia	
Sanford and Lorraine Reaves	Nicole Spears	Virginia Regional Transit	
Arlene Reckson			

*With heartfelt thanks
to our donors for
their commitment to
supporting health and
wellness initiatives in
Culpeper, Orange and
Madison counties!*



Culpeper Wellness Foundation

19002 Crossroad Parkway, Culpeper, VA 22701

540-431-2397

culpeperwellnessfoundation.org